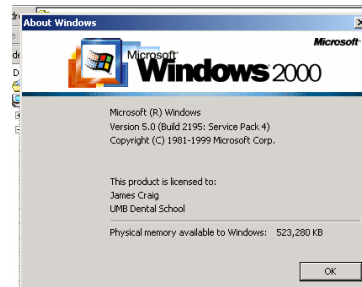


## Instructions for installing Cisco VPN Client

This VPN software is only compatible with **Windows 2000 and Windows XP Professional**. To see what version you have click on start and you should see the operating system name in the blue bar to the left of the menu. If not, right click on Start, right click on Explore, and at the top of the column on the left, click on Help (next to Tools), then left click on “About Windows” and at the top of the box you will see the version of Windows on your system.



Before accessing the Dental School computer resources (email), please verify you computer’s operating system has all the current security patches and service packs. You must also have an Symantec Antivirus Corporate Edition running with the most current virus definitions. If you need additional information please visit <http://www.dental.umaryland.edu/dentaloffices/it/info..>

### Windows users

To update your computer’s operating system follow the directions below.

- Open the Internet Explorer web browser.
- Along the top of the browser window click on Tools.
- From the drop down list click on Windows Update.

From here you will need to “**Scan for updates**” on your computer using and trusting the tools that Microsoft provides. Install all of the critical updates and service packs. Some of these updates must be installed separately and require you to reboot your computer. You must continue this process several times until you scan for updates and Microsoft’s site say you have 0 critical updates and service packs

### Updating Norton Antivirus

- Double click on the gold shield by the clock on your computer.
- Click on Live Update
- Follow the step by step instructions until complete

If you need Symantec Antivirus Corporate Edition it is available for purchase at the front desk of the HS/HSL.

Disable firewall (If you have one) before installing CD.

To begin installing VPN:

1. Insert CD and install the VPN.
2. You will need to reboot when the installation is complete.
3. Insert CD and install Integrity.
4. You will need to reboot when the installation is complete.
5. Now review “Getting Started with Integrity”